



Oral Health as a Gateway to General Well Being

Stockholm, Sweden — 20–21 August 2026

Thursday 20th August

12.00 – 13.00 Registration, lunch and exhibition

13.00-13.05 Welcome and information – Anastasios Grigoriadis and co-workers

13.05 – 13.45 Latest news about food and health – a trend-sensitive area, but what does the research actually say? – *Professor Mai Lis Hellenius*

13.45 – 14.30 Nutrition, muscle and function – important interactions in old age and chronic disease – *Professor Tommy Cederholm*

14.30 – 15.00 Coffee, exhibition and poster session

15.00 - 15.30 Do dental implants improve chewing and nutrition? – *Associate professor Anastasios Grigoriadis*

15.30 - 16.00 Female oral health and lifelong maintenance – *Professor Nagihan Bostanci*

16.00 -16.30 Precision dentistry in the course of life – *Professor Georgios Belibasakis*

16.30 – Coffee and exhibition

18.00 – Dinner

Friday 21st August

08:00 – 09:15 General assembly – *SSPD – Carl Hjortsjö*

09:15 – 9.45: Oral Functional Phenotypes and Their Role in Geriatric Health

– *Assistant professor Abhishek Kumar*

9.45 – 10.15 From Breakdown to Function: Long-Term Outcomes of Prosthetic Rehabilitation of Extensive Tooth Wear – *Dr. Wedad Hammoudi*

10.15 – 10.45 Coffee and exhibition and poster session

10:45 – 11:15 Botulinum toxin in TMD and prosthodontics: Key concepts and clinical insights – *Dr. Giancarlo de la Torre Canales*

11.15 – 12.00 Shortened dental arch in a new perspective – *Professor Klaus Gottfredsen*

12:00 Ending of meeting, lunch and exhibition

Speakers

- Professor Mai Lis Hellenius, Karolinska Institutet
- Professor Tommy Cederholm, Karolinska Institutet
- Associate professor Anastasios Grigoriadis, Karolinska Institutet
- Professor Nagihan Bostanci, Karolinska Institutet
- Professor Georgios Belibasakis, Karolinska Institutet
- Assistant professor Abhishek Kumar, Karolinska Institutet
- Dr. Wedad Hammoudi, PhD, Karolinska Institutet/Folktandvården Eastman
- Professor Klaus Gottfredsen, University of Copenhagen
- Dr. Giancarlo de la Torre Canales, PhD, Karolinska Institutet